

# 2025 Inca Trail Marathon Tour Itinerary

## 2025 Inca Trail Marathon Detailed Day By Day Program

SIGN UP SOON! NEXT PRICE INCREASE JUNE 30.

Stay a few extra days and explore the Peruvian Amazon with us after the race with a very unique [4-day Amazon Rainforest Tour](#).

### Day 0 WED AUGUST 27, 2025: DEPART FOR PERU

Depart your home city/country and fly to Cusco, Peru.

### Day 1 THUR AUG 28: ARRIVE TO CUSCO- CITY TOUR, LOCAL MARKETS AND WELCOME DINNER

Please plan accordingly for a 12 PM (or earlier) arrival to Cusco on your own self-booked flight.

\*\*It is important you arrive to Cusco by NOON so you do not miss any portions of the tour for today. We will arrange your pickup around your flight schedule. Note: Early check in at the hotel cannot be guaranteed so early arrivals may need to wait for their room to be ready.

The tour starts with a private meet and greet airport pickup service by your trip hosts and guides in Cusco at the airport.

Upon arrival in Cusco- You will be met by your trip host and staff and transferred to the hotel in Cusco where you will check in. We will then have a quick briefing and welcome with your trip host and guides while we taste a Coca leaf tea (traditional Peruvian drink).

There will be some time to relax and unpack. Later that afternoon, your hosts and local Cusco tour guides will meet you and take you on a sightseeing guided group

tour of the historical center of Cusco, and also some fascinating Inca sites. This tour is specially programmed as an easy day, allowing you the opportunity to acclimate to the elevation of Cusco (approx. 11,200 feet above sea level).

Special early welcome dinner included after the sightseeing (this offers many types of traditional Peruvian cuisine). Here you will also have the opportunity to get to know your fellow travelers and athletes.

### What's Included?

-  **Meals**

Welcome Dinner included.

-  **Stay**

Overnight in Cusco at [Hotel San Agustin El Dorado](#) (or similar).

\*It is important you arrive to Cusco by 12PM so you do not miss any portions of the tour for today. We will arrange your pickup around your flight schedule.

Note: Early check in at the hotel cannot be guaranteed so early arrivals may need to wait for their room to be ready.

## Day 2 FRI AUG 29: CUSCO- PISAC TOUR, LLAMAS AND ALPACAS, HIKE INCA RUINS

There will be an optional training run this morning led by your trip hosts. All paces welcome.

After breakfast at the hotel, we will depart around 09:00 a.m. for Pisac. This guided group tour will take you through the Urubamba Valley to the colorful Indian Market of Pisac, where natives from the region of Cusco come to trade their products. We will then proceed to the magnificent archaeological site above this town from where you will witness amazing views of this valley.

Upon arrival in Pisac, we will have a guided tour of the ruins and then you may either walk for about 30-60 minutes down about 1200 vertical feet to the town of Pisac along an old Inca footpath or take the private transport from the ruins down to the town. In Pisac, you will have a couple of hours on your own to explore the famous Pisac market and to have lunch at one of the many local restaurants. Later in the afternoon, we will return to the hotel in Cusco, arriving around 5:30 p.m.

Lunch and Dinner on your own. Overnight in Cusco- Hotel San Agustin El Dorado (or similar 4 star hotel in historic center of Cusco)

### What's Included?

-  **Meals**

Breakfast

-  **Stay**

Hotel San Agustin El Dorado (or similar)

## Day 3 SAT AUG 30: RAINBOW MNT ADVENTURE DAY-TOUR AND OPTIONAL TOP OF MOUNTAIN COMPETITION

There will be an optional morning running tour in Cusco to visit Sacsayhuaman (Temple of Lightning), located just above the city. All paces welcome.

After breakfast at the hotel, we go to Rainbow Mountain!

OPTIONAL- Rainbow mnt challenge event-: The first man and woman to the 5000 meter summit (16,500 feet) will be King and Queen of the mnt and receive a special award and results of this event will be posted online.

The route climbs 1200 feet over 2 miles, so the grade is not too steep and no technical, but the challenge is the elevation!

This is also fantastic prep and altitude acclimation for the Inca Trail Marathon!

Beyond the optional competition, Enjoy this amazing place and also the Red Valley. Plenty to explore and see!!

Buffet lunch also included.

Overnight in Cusco- Hotel San Agustin El Dorado (or similar)

### Whats Included?

-  **Meals**

Breakfast and Lunch

-  **Stay**

Overnight in Cusco- Hotel San Agustin El Dorado (or similar)

## Day 4 SUN AUG 31: PRIVATE CAMPSITE IN HIGH ANDES MNTS AND VISIT HUMANTAY LAKE

There will be another optional running tour in Cusco this morning followed by breakfast at the hotel. All paces welcome

Option to go for a visit to the famous and beautiful Humantay Lake.

Private campground surrounded by Glacial Peaks up to 20,000 feet

We set up everything for you and provide all the gear and equipment needed to camp out under the stars.

Lunch and dinner served at the campsite to you prepared exclusively for you by our acclaimed camp chefs Goyo and Fabian!

At night you will have the best views of the Milky Way !

### Whats Included?

-  **Meals**

Lunch, Dinner

-  **Stay**

CAMPING

## Day 5 MON SEP 1: OFFICIAL 26.2 MILE INCA TRAIL MARATHON AND 13 MILE INCATHON!


Pre-dawn Breakfast served to you for energy for today's race.

At 5am we start our adventure on the Inca Trail Marathon! Conquer 2 mountain passes, see Glacial Lakes, up close 20,000 foot snow covered mountains, and descend into the high Amazon Rainforest at the end of your journey. The race does not finish right at Machu Picchu.

Dinner for all will be included tonight!

Spend the night at a local lodge with comfortable beds and hot showers in an area of the high Rainforest surrounded by lush vegetation, local farms, and small family run coffee and banana plantations!

### Whats Included?

-  **Meals**  
Breakfast and Dinner

-  **Stay**  
Local Family Run Mnt Lodge

## Day 6 TUE SEP 2: EXPLORE RAINFOREST AND INCA SITES ON THE WAY TO MACHU PICCHU TOWN

Wake up to a full breakfast and fresh coffee and tea.

Today you have hiking options of 6 easy miles to Machu Picchu Town

OR

You can hike an original Inca Trail over another mountain pass to an archeological site that looks across a deep green valley to Machu Picchu Citadel, and then down to the river and into Machu Picchu town.

\*This route is approximately 13 miles of beautiful hiking with amazing views, waterfalls, a large suspension bridge to cross, and high rainforest vegetation and birdlife.

### Whats Included?

-  **Meals**  
Breakfast

-  **Stay**

Overnight in Aguas Calientes. Hotel Casa Andina Classic Machu Picchu (or similar)

## Day 7 WED SEP 3: MACHU PICCHU TOUR. OPTIONAL: INCA STAIRCLIMB CHALLENGE!

After an early breakfast at the hotel, we will take the morning bus up to Machu Picchu. Guided group tour. .

### INCA STAIRCLIMB CHALLENGE:

Option: Today you can compete up 1200 Inca Steps, 2000 vertical feet in 1 mile. Prizes and picnic at the summit along with BY FAR the best view of Machu Picchu, from the summit of Machu Picchu Mountain!

The "Chasqui" was an Inca Runner who relayed messages throughout the empire and climbed up and down thousands of Inca stairs in the process.

Today's best times will be crowned "Modern Chasquis" and get a special award. We will post results for this challenge online as well.

LATER,

For all trip participants, we will have a guided tour of the complex with our local guides (approx. 3 hours). Later, there will be several hours available to spend as you choose in this unique archaeological site, allowing ample opportunities to explore on your own. The rest of day will be free in Machu Picchu and Aguas

Calientes.

Bus back to Aguas Calientes town included.

In the evening, all race participants (26.2 marathon and Incathon) and spectators can proceed to a special included group dinner in Aguas Calientes to celebrate!

Results and awards will be presented at dinner (exact time TBA).

Overnight in Aguas Calientes. Hotel Casa Andina Classic Machu Picchu (or similar)

### Whats Included?

-  **Meals**

Breakfast and Celebration Dinner

-  **Stay**

Overnight in Aguas Calientes. Hotel Casa Andina Classic Machu Picchu (or similar)

## Day 8 THUR SEP 4: AGUAS CALIENTES TO CUSCO

After breakfast at the hotel, we will all depart via a morning train to Ollantaytambo. We will then take private transport to Cusco, stopping along the way at a scenic viewpoint for photos of the Urubamba mountain range. Afterwards, we will arrive to Cusco and check back into the hotel.

Lunch on your own. Rest of day/evening at leisure for shopping, sightseeing, and relaxing.

Overnight in Cusco- Hotel San Agustin El Dorado (or similar)

### Whats Included?

-  **Meals**

Breakfast

-  **Stay**

Overnight in Cusco- Hotel San Agustin El Dorado (or similar)

## Day 9 FRI SEP 5, 2025: DEPARTURE

Breakfast at hotel. Private Transfer to Cusco airport (will be arranged based on your departing flight schedule)

“End of tour”

Questions: email [erik@eriksadventures.com](mailto:erik@eriksadventures.com) or call us at (312) 925 0287

### Whats Included?

-  **Meals**

Breakfast

Please note- All times for tours, transfers, daily arrival/departure times, etc. are approximate and subject to modification at the guide and/or host's recommendations. Erik's Adventures reserves the right to alter or cancel the 2024 Inca Trail marathon itinerary if necessary due to safety concerns, circumstances outside its control (i.e. worker strikes, weather, government, etc.). During the portion of the trip on the Inca trail (including the race), which is controlled by the Peruvian government, we reserve the right to make changes if needed for passenger safety, changing or new government regulations, and other concerns. Hotels mentioned are subject to availability. We may use hotels similar to the ones mentioned in the itinerary.